



## ART: "Aman, Rozi, Taleem" Build a "Holistic Village" Initiative



Villagers of Suleman Mallah, Pakistan: SSGWI celebrates completion of phase 1 of the Holistic Model Village

### INFORMATION

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### Music Videos & Concerts



"Compassion is sometimes the fatal capacity for feeling what it is like to live inside somebody else's skin. It is the knowledge that there can never really be any peace and joy for me until there is peace and joy finally for you too." Frederick Buechner

### Dear Friends and Family,

I hope this newsletter finds you in the best of health and spirits. The last time we shared a newsletter with you was when SSGWI had adopted 2 projects in Pakistan.

- Project no 1 "Build a holistic model village initiative" in Sindh for victims of the 2010 floods in Pakistan".
- Project no 2 "Women's Wellness Initiative" in Mansehra.

### -Concert for Pakistan

( A concert in aid of conflict-affected people of Swat region at United Nations General Assembly Hall with figures like Nobel Laureate R.K. Pachauri and singer Sting, and more)

### -Music Video: "Ring the Bells"

(a collaboration with **Melissa Etheridge**)

### -Music Video:"Al-Vida"

( A video/song made for raising awareness of HIV/AIDS in South Asia)

### -Unity Jam

( A concert to help Internally Displaced Persons (IDPs) in Pakistan)

### -Music Video: "Ghoom Tana"

( A video/song made for building bridges of peace between India and Pakistan)

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Let me share some photographs and information on the progress we have made, the challenges we face and the support we crave.

I made a series of trips to Pakistan in the last 2 years and would like to show you a glimpse of those wonderful villagers at Suleman Mallah whose lives have been lit up by your generosity.

May the higher power bless you and your families always.

Love,  
Samina

## Project no 1 "Holistic Model Village Initiative" in Sindh, Thatta, Sajawal

Project Update: What have we achieved?

- With the support of our family and friends we are happy to announce that SSGWI has completed 34 houses and has 9 more to complete at the village we adopted, Suleman Mallah in Sajawal Thatta.
- Religious classes have started on a regular basis and an imam has been employed
- Regular academic education continues, we have added a health education component to our existing curriculum- a lady health visitor delivers workshops on issues like "personal hygiene " and "nutrition"
- The lady health worker also visits the village regularly to check the health status of the villagers and special focus is given to ailing children and pregnant women

## What are our next steps?

- **Providing water supply and drainage facilities to the villagers**

I met with the DC Thatta and the AC Sajawal, who facilitated our work and the Public Health Engineering Division Thatta mapped out the water supply and drainage plan for the village.

The quotation provided by them involves an expense of Rs. 73 lakh (\$73,000), we feel this expense can be cut down by hiring the local villagers as laborers and by buying the equipment ourselves.

### **SSGWI needs to raise Rs. 50 lakh (\$50,000) before starting work on the "water supply and drainage project"**

We realize the importance of this project to the health and wellbeing of the villagers.

- **Safe school building**

The school building was evaluated for safety during my last trip and I found out that the building the Sindh government has provided is beyond repair and will not last more than 5 years. We also require furniture and textbooks for the students.

## Distributing Educational Aids

Educational toys were distributed among students in January 2013

- Ellen Goldberg
- Amin Hashwani
- Sally Quinn
- Farooq Kathwari
- Qaisar Madad/ Dr.Mehr Tabai
- Arif Naqvi
- Maajid Nawaz
- Sally Osberg
- Dr.Azra Raza
- Bobby Sager
- Jeff Skoll
- Ambassador Cynthia Schneider
- Michael Wolfe



## Our Partners

- Skoll Foundation
- Daniel Pearl Foundation
- Hashoo Foundation
- Sister Cities
- Skoll Urgent Threat Fund
- Annenberg Foundation
- UNAIDS
- UNHCR
- UNICEF
- AISEC
- Take Part
- Open
- Sager Family Foundation
- Quilliam Foundation
- Abrahams Vision
- Common Chords
- Google Zeitgeist
- Arif Naqvi and the Aman Foundation, Abraj
- Qaisar/Dr.MehrTabai

## Religious Education

In early 2013 we celebrated the birthday of Prophet Mohammad [PBUH] at the village Qari Ilyas delivered a sermon followed by recitation of Hamd o Naat by villagers, we ended the ceremony by offering prayer's and later sweets were distributed to all the families.

- Asma Society
- PTV (Pakistan TV)
- Geo TV
- Radio networks
- Dawn Media
- Lahore University of Management Science
- Aga Khan University, Karachi
- The Iqbal Institute, Lahore
- National University of Science & Technology of Pakistan (NUST)
- GC University, Lahore
- Network of Schools and Colleges in Pakistan
- The Center on Public Diplomacy within the University of Southern California's Annenberg School
- Acumen Fund
- The Rangoonwalla Foundation
- AIESEC (Association Internationale des Étudiants en Sciences Économiques et Commerciales)
- Network of Organizations Working for Persons with Disabilities, Pakistan
- Children's Museum for Peace and Human Rights
- Imran Khan (Shaukat Khanum Memorial Trust)
- Shoaib Mansoor (Producer, Director and Musician)
- Concerned Citizens Of Pakistan
- COPAA
- Edhi Trust
- Zindagi Trust
- NCHD
- Citizen's Foundation
- Rafi Peer Theatre Group



Lady Health Worker providing Health Education

LHW Chhatal Bigoro giving a workshop to the village women on "Personal hygiene and health ."

Join Our Mailing List!

E-newsletter designed by  
Fatima Rizvi  
and Rehan Tariq.  
Compiled and content  
provided by Samina Ahmad.



### Holistic Wellness Clinic

I ran a health clinic for 6 days. All 43 families were examined and immediate treatment was given.





### New Houses Completed

34 families moved to their new homes this year, 9 are waiting for their homes to be constructed.





Here I am with the women and children celebrating their new homes...  
what seemed like a dream 2 years ago, just became a reality!

## **Project no 2: SSGWI Womens' Wellness Initiative (Pakistan)**

### **Update:**

SSGWI continues to support the Womens' Wellness Initiative in Pakistan where we are providing academic education to 40 female students, we have already distributed uniforms and text books for the academic year 2013-2014.

The images of SSGWI distributing uniforms and books to the womens' wellness initiative have not been posted due to cultural sensitivity.

### **Next Steps:**

SSGWI plans on weaving in a holistic education model alongside the existing academic one. We will be using Skype technology to teach workshops on "mind, body and spiritual wellness," the sessions will start in fall 2013.

## **How You Can Help?**

### **Dear Friends of SSGWI,**

#### **Proposed areas of support:**

- Construction of 43 homes (Phase wise). To be initiated in 3rd quarter of 2011 and completed by December 2013 [ 9 homes left ]
- Estimated cost \$1500 per home
- Developing Kitchen Gardens and other livelihood support
- Installation of hand pumps for clean drinking water, water supply and drainage facilities for all the newly constructed homes

- Ensure availability and delivery of appropriate Health and Nutrition services- linkages to available functional health system in the area
- School development - this includes construction, supplies, relevant human resource, etc. to facilitate a function and conducive learning facility for the target population
- Construction of a playground for the children
- Development of a Community center- this includes a play area for children and vocational training facilities for women
- Building an animal pen for livestock
- Expansion of the current mosque to accommodate more villagers
- Solar panels to be fitted in all homes [ 2 panels per household ] solar panels have been installed in 20 homes
- Detailed work plan and budget available on request.



- Organize SSGWI walk-a-thons and fundraisers at your colleges, universities, and community centers to raise awareness and funds for SSGWI initiatives.

-Purchase the "Concert for Pakistan at the United Nations" DVD



*Concert for Pakistan*  
at the United Nations



[www.ssgwi.org](http://www.ssgwi.org)

You can purchase a DVD by [contacting us](#). All proceeds will go to SSGWI projects.

- Donate your PC or laptop to our "Womens Wellness Initiative", which supports girls education in Pakistan, this will allow us to teach holistic education to girls via Skype
- Organize a fundraiser at your house,we will bring our SSGWI presentation to brief you about our work and provide an evening of live music totally free [a confirmed pledge to the non-profit has to be announced ahead of time]
- Volunteer your time :)

SSGWI continues to grow as a non-profit with your support.

There is a wonderful mythical law of nature that the three things we crave most in life happiness, freedom and peace of mind are always attained by giving them to someone else

Let us adopt the life style of giving and helping the less fortunate whenever we can Wishing peace and wellness to friends of SSGWI.

**Salman & Samina**

**SSGWI**



